BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY
CEO/Executive Headteacher: Mrs S J Moore
Acting Head of School: Mrs A Petrie
Email: Abbey.Ark@abbeyacademies.co.uk
Abbey Road **Tel: 01778 391695**
Bourne

11th September 2025

Dear Parents/Carers,

The Early Years Foundation Stage includes PSED (Personal, Social and Emotional Development) as part of the curriculum. The Jolly Giraffes will begin to use the programme Jigsaw to teach this which includes opportunities for the children to learn about and experience a range of opportunities to develop their PSED skills through adult-led and child-initiated (play-based) experiences. Each term includes a new theme which is underpinned by PSED knowledge and social and emotional skills.

We believe that PSHE (Personal, Social, Health and Economic) Education plays a crucial role in helping our children develop the knowledge, skills and attitudes they need to lead healthy, happy, and fulfilling lives. Through the Jigsaw Programme, we aim to equip our children with the tools they need to navigate various aspects of their personal and social development prior to starting school.

There are 6 puzzle pieces that are taught over the year. These are:

- Term 1 – Being Me in My World
- Term 2 – Celebrating Difference
- Term 3 – Dreams and Goals
- Term 4 – Healthy Me
- Term 5 – Relationships
- Term 6 – Changing Me

Each term, we will inform you of the weekly sessions we will be teaching. We will also be uploading a "home learning" activity on Tapestry that links to each weekly session. This is an optional activity you can complete with your child at home and upload to Tapestry for your child's key worker to see. There is no expectation to complete the home learning activities but if you should choose to do so, we would recommend selecting one or perhaps two activities from the six given to complete with your child.

Whether your child attends one day a week or five days a week, they will not miss out on the Jigsaw Programme as they will complete a daily "Calm Me" and "Interest Me" session with an indoor and outdoor activity for them to take part in over the course of the week.

We want to assure you that these sessions will be delivered in a sensitive and age-appropriate manner, considering the individual needs of our children. Abbey Ark staff have had training in the delivery of the Jigsaw Programme and are committed to creating a supportive and inclusive learning environment for all children.

This term in the Jolly Giraffes the sessions will cover the following topics in the **Being Me in My World** unit:

- Who…me? – I understand how it feels to belong
- How am I feeling today? – Feeling happy and sad
- Being at Abbey Ark Nursery – Working together and thinking of others
- Gentle Hands – I can use gentle hands and be kind to others
- Our Rights – Begin to understand rights and everyone should be able to learn and play
- Our Responsibilities – I am learning what being responsible means

Thank you for your continued support of your child's education.

Yours sincerely

H Dalgleish

ABBEY ARK
CHILDCARE

Miss H Dalgleish
Abbey Ark Manager