Healthy Relationships



Key Information:

Today, a member of the Stay Safe Partnership, delivered a Healthy Relationship workshop to Year 6.

The workshop covers qualities of a healthy relationship, domestic abuse and identifying controlling behaviors.



Learning aims:

- To understand what makes a healthy relationship
- To understand what is meant by the term 'Domestic Abuse'
- To be able to spot controlling behaviours

Key Information:

What is Domestic Abuse?

It is any incident or pattern of incidents of controlling, coercive or threating behaviour, violence or abuse between those aged 16 or over who are or have been personally connected.

Examples of Coercive Control:

- Name Calling
- Continual Comparisons with others
- Love Bombing
- Gaslighting

Healthy Relationship Traits:

Respect
Honesty
Communication
Support
Trust



Why is this information important?

20% of children live with an adult perpetrating domestic abuse.

23% of young people exposed to domestic abuse are also demonstrating harmful behaviour themselves.



Children who experience Domestic Abuse at home are victims.

47% of young people exposed to domestic abuse are being directly harmed by the family member.

Useful Information & Support:

Warning signs in young people may include emotional dysregulation, avoidance behaviours and isolation from friends and family.



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