PSHE Curriculum Statement

Amended

July 2019	September 2022	
November 2019	September 2023	
May 2021	June 2024	

**Striving for excellence, caring for all
Within a loving and caring Christian environment.**

The Importance of PSHE

"It's not what happens to you, but how you react to it, that matters"

<div align="right">Epictectus</div>

At our school, we are committed to ensuring that our students are well-prepared to lead safe and healthy lives, with robust mental, social, emotional, and physical well-being. This aligns perfectly with our vision of nurturing each individual's potential and valuing them for who they are. Our approach to PSHE education, particularly through the Jigsaw programme, equips children to become communicative, responsible, and positive citizens within their local community and the modern world.

Evidence shows that effective PSHE education not only enhances students' physical and psychosocial well-being but also contributes to their academic success. By fostering better health and well-being, we create a virtuous cycle where students achieve better academically, which in turn leads to greater success. This approach is intrinsic to our vision of pursuing academic excellence and the flourishing of all, reflecting our belief in the importance of holistic development. By prioritising personal, social, health, and economic education, we support each child in realising their full potential and thriving both personally and academically.

As a RRS (Rights Respecting School – UNICEF) this upholds the following articles from the UNCRC (United Nations Convention on the Rights of the Child):
Article 29: Every child has the right to be the best they can.
Article 24: Every child has the right to the best possible health.

Intent: We aim for our pupils to:

- **fulfil their potential** and to understand themselves to be **valued** for who they are
- become **thoughtful, open-minded and compassionate human beings** who have the knowledge, skills and motivation they need to bring about positive transformation in the world
- make **reflective and informed decisions** in order to improve their mental, emotional, social and physical wellbeing, within a healthy lifestyle
- understand and **develop their character** with a focus upon our 6 core character traits: motivation, self-regulation, resilience, self-belief, integrity, empathy
- experience **challenge** and the enjoyment of achievement
- have worthwhile and fulfilling **relationships**
- **respect** our common humanity, diversity and differences between people
- keep themselves and others **safe,** including when online
- play an **active** role as members of a democratic society

Our curriculum drivers for the journey are:

- Respect for all
- Spirituality
- Personal growth
- Success and flourishing
- Community – local and global

Implementation: How do we do this?

We follow Jigsaw PSHE, a whole school approach, which establishes consistency and gives all teachers confidence to deliver high-quality lessons. Jigsaw meets all statutory RSHE requirements and also elevates educational outcomes together with mental health and safeguarding. The programme teaches children emotional literacy, social and lifelong skills, RSE/RSHE and resilience in an age-appropriate manner. There are six units covered across the year and all children in the school study the same unit theme at the same time, launched by a whole school/key stage collective worship.

The PSHE curriculum is interwoven with our Christian Values, British Values, UNICEF rights, Character Education, Green Flag and Global Goals and these themes may be taught discretely or linked through other subjects and within other curriculum areas. PSHE extends beyond the curriculum in a wide range of activities and experiences e.g. residentials, visitors and visits, fundraising days, assemblies, collective worships. The PSHE Team undertake their own professional development where necessary to ensure deep subject knowledge which can be used to support staff throughout school. Furthermore, CPD is planned by the PSHE Team to support staff and develop good subject knowledge. Through Jigsaw, pupils are provided with well-structured classroom activities involving interaction and dialogue (between teacher and pupils, and between pupils themselves). Pupils with SEND needs are supported through scaffolded learning activities and dialogue to enable all pupils to fully embrace and engage with the PSHE programme. These may be presented orally, recorded in written/digital/pictorial form, individually or as part of a group activity in line with the Safeguarding Policy. The encouragement of discussion, debate and the sharing of ideas and opinions adds to both the quality of the assessment information gained and the richness of the teaching and learning situation. This also helps provide children with a high aptitude for the skills of PSHE with additional thought-provoking challenge.

Impact
- From the **early years through to Y6,** our children's progress will be seen in how well they are developing and applying their knowledge, understanding and skills in, for example, key features of healthy living and relationships, and in approaches to personal planning, assessing risk and decision making.
- Pupils understand what constitutes a safe and healthy lifestyle
- Pupils show respect and tolerance towards themselves, other people and the environment
- Pupils can make personal, community and global links with Christian Values, British Values, UNICEF rights, our core character traits, Green Flag and Global Goals
- Health and Wellbeing Team is proactive in supporting learning and teaching

This is monitored through:
- o Review of outcomes from lessons
- o Pupil questionnaires and interviews
- o Discussions with class teachers, year leaders and SLT

Other relevant documents:
Jigsaw (jigsawpshe.online) - Jigsaw Curriculum Rationale
https://jigsawpshe.online/materials/pshe-primary/getting-started/jigsaw-information/
- Curriculum overview for PSHE
- PSHE policy
- RSE Policy
- Character Education policy statement
- Drugs Education Policy
- E-Safety Policy
- British Values overview
- Protected Characteristics mapping

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- Health and Wellbeing Policy
- Safeguarding Policy
- Behaviour and Bullying Policy
- Teaching, Learning and Curriculum Policy
- Planning and resourcing documents- see PSHE One Drive