



PE Curriculum Statement

Started May 2019	Sept 2023	
Sept 2019	June 2024	
May 2020		
Oct 2022		

**Striving for excellence, caring for all
Within a loving and caring Christian environment.**

'Intelligence and skills can only function at the peak of their capacity when the body is healthy and strong.'

John F. Kennedy

As a RRS (Rights Respecting School - UNICEF) this upholds the following articles from the UNCRC (United Nations Convention on the Rights of the Child):

Article 29: Every child has the right to be the best they can.

Why we believe PE is important

At our school, Physical Education is central to developing children's enjoyment, confidence, and skill in physical activity, reflecting our vision of nurturing each individual's potential and valuing them for who they are. Our PE curriculum is designed to introduce all children, regardless of age, gender, culture, or disability, to the pleasures of sport and physical activity. This practical subject promotes personal, social, intellectual, and physical skills, fostering co-operation, tolerance, and self-esteem—key aspects of our vision to pursue academic excellence and the flourishing of all.

We aim to instil a positive attitude and lasting enjoyment of physical activity, encouraging a healthy lifestyle that continues into adulthood. By educating both children and families on maintaining healthy, happy, and active lifestyles, we uphold our commitment to ensuring robust mental and physical well-being. Our strong links with local clubs and community partnerships provide essential support and knowledge, reinforcing our dedication to promoting holistic development and the well-being of our school community. Through these efforts, we strive to fulfil our vision of supporting each child's growth and success in all aspects of life.

Intent: We aim for our pupils to:

- Be personally, socially, intellectually and physically able.
- Cooperate within team events.
- Be tolerant of and show respect for each other's abilities.
- Be confident, with good self-esteem.
- Be able to compete, showing the will to win, whilst also showing the values of respect, fair play and sportsmanship.
- Develop a love of exercise as part of a healthy lifestyle, fostering a positive impact on their education and wellbeing, continuing into adulthood.

Implementation: How do we do this?

- All children throughout each Key Stage will be given opportunities to plan, perform and evaluate during physical education lessons.
- All children in Key Stage 2 will have the opportunity to participate in dance, gymnastics, games, swimming, athletics and outdoor adventurous activities throughout the year.
- All children in Foundation and Key Stage 1 will have the opportunity to participate in a range of dance, gymnastics and games throughout the year.
- There will be a skill-based emphasis as a basis for teaching across the school building transferrable physical skills.
- Progression will be addressed within each area of study through careful planning of the coverage of the relevant skills and vocabulary.
- All physical education activities should be enjoyable, safe and yet challenging.
- The ideals associated with fair play and good sporting behaviour will be encouraged at all times.

- Children will have the opportunity to work in a variety of ways through directed, exploratory and improvised activities. Children will work in groups, pairs and as individuals and will use language appropriate to physical education when talking about their work.
- Whenever the weather permits and the activity is appropriate children should be given the opportunity to undertake physical education outdoors.
- Opportunities to link physical education with work in other areas will be identified and used within each year group.
- Dance lessons will provide an opportunity for children to gain an appreciation of music. The music chosen may reflect different cultures and represent as a wide range of types of music as possible.
- All teachers will be responsible for the teaching of physical education using planning provided on the GetSet4PE portal.
- Developing physical skills is a very important part of the education of young children. Reception children have the same access to the physical education curriculum as Key Stage 1 children.
- Activities are planned in such a way as to encourage full and active participation by all children irrespective of ability.
- All physical education lessons will ensure an equal interest level for both boys and girls. Teachers will choose activities, themes, music etc that will be of equal interest to both boys and girls.
- Health education, particularly those areas addressing the effect of exercise on the heart and the need for exercise to keep us healthy, both in mind and body, will be addressed during the appropriate physical education lessons.
- Children are trained to collect and return small equipment from the store with the permission of a teacher.
- Specialist sports providers from Inspire+ will be used to deliver PE lessons as well as to deliver clubs where appropriate.
- Annual Sports Day competitions are held, whereby children compete for their house teams.
- Opportunities for children to represent the school in sporting competitions are plentiful.

Impact

- Children are accessing 2 hours of high-quality PE as part of a weekly programme of study.
- Children are developing transferable skills, which can be applied to other areas e.g. respect, teamwork, perseverance, determination, stamina etc.
- Pupil voice shows that children enjoy PE as part of a varied curriculum.
- Improvement in the children's cardiovascular fitness.
- Improvement in the children's focus, concentration and behaviour.
- Children have developed a range of leadership skills.
- Children engage others in physical activities thereby improving the health and fitness of other children.
- Children have access to high-quality after school sports clubs.
- All children experience competitive situations in Sport and PE either on an intra or inter school basis or both. Maximum number of inter school competitions are entered during the academic year, allowing pupils to compete in a higher standard of competitive sports. Access will be given to as many pupils as possible.

This is monitored through:

- Teacher Assessment
- Feedback from swimming teachers
- Feedback and assessment from Inspire+ sport coaches
- Pupil Voice questionnaires
- Staff questionnaires
- Records of learning
- Participation trackers

Other relevant documents:

- Sport Premium report