

BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY

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Dear Parent/Carer,

TERM 6 JIGSAW- CHANGING ME

This school year we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Term 6 puzzle piece for this term is called *Changing Me*. For **Year 2** the outline for this unit will be as follows:

Piece 1 Life Cycles in Nature	<ul style="list-style-type: none">• recognise cycles of life in nature.• understand there are some changes that are outside their control and can recognise how they feel about this.
Piece 2 Growing from Young to Old	<ul style="list-style-type: none">• tell you about the natural process of growing from young to old and understand that this is not in their control.• identify people they respect who are older than them.
Piece 3 Changing Me	<ul style="list-style-type: none">• recognise how their body has changed since they were a baby and where they are on the continuum from young to old.
Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none">• recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, vulva, anus) and appreciate that some parts of my body are private.• tell you what they like/don't like about being a boy/girl.
Piece 5 Assertiveness	<ul style="list-style-type: none">• understand there are different types of touch and can tell you which ones I like and don't like
Piece 6 Looking Ahead	<ul style="list-style-type: none">• identify what I am looking forward to when I move to my next class

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them.

Should you have any further questions please speak to your child's class teacher.

The Year 2 Team and PSHE Team