

"Using our God-Given Talents"

### <u>Bourne Abbey C of E Primary Academy</u> <u>Student Council</u> <u>Minutes of Meeting 7 - held on 09.03.23.</u>

## Distribution.

All Classes, Senior Leadership Team (SLT), Mrs Anderson (Co-ordinator), Mrs Bates, Mrs Parsons, Ms Davey (BEPPA), Ms Helliwell (CSW), PTFA

## <u>Present.</u>

Mrs Anderson, Councillors (see register)

## 1. Apologies and welcome.

Mrs Anderson opened the meeting and welcomed all. Everybody (except Imogen) here! 🕲

# 2. Mr Bellamy`s Feedback

Mr Bellamy fed back from meeting 5 and 6:

Ideas agreed to:

Attendance pens as well as pencils for people who have earned their pen licence. We hope Gardening Club will be available in the next round of clubs.

Ollie will ask Miss Jones to contact the Woodland Trust to ask for a donation of trees.

Theo will ask Mr Shore about playground equipment and sports markings on the Astro turf.

All other issues, councillors will be able to explain the responses in class meetings.

# 3. Self-Regulation

Councillors had a chat about their classes responses to the feelings pegs reminders - please continue to remind your classmates to change their feelings peg during the day, and to remind your teachers to look at them if they forget 😊

## 4. New Character Education Question – 'Self-Regulation'

To be introduced in Collective Worship on the 21<sup>st</sup>/22<sup>nd</sup> March and then followed up in class meetings:

*"Can you explain the five steps to self-regulation?"* Optional competition to create an illustrated version of the 5 steps, which are:

I AM - To recognise they have been upset by something.
I CALM - To stop before they react in a negative manner.
I FEEL - To identify the feelings they are experiencing and name the emotion.





Choose Solve

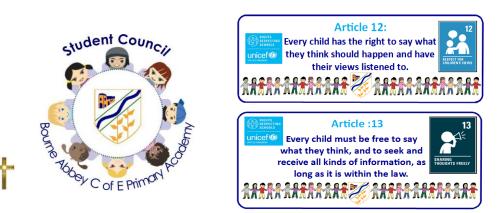
DEMOCRACY

)Calm

Feel

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I CHOOSE - To choose calming strategies identified in previous questions in order to shift from an upset state to an optimal learning state.

I SOLVE - To deal calmly and in an appropriate manner with the upsetting event using strategies taught in PSHE. This may or may not involve a trusted adult to support.

Posters to help us remember these 5 steps to be returned to Mr Bellamy.

### <u>5. Red Nose Day plan</u>

We are dressing up to make somebody else smile: silly outfits, a funny hat, odd socks, bright clothes – whatever you choose!

Other activities to complete as a class or year group to be decided independently of Student Council at the teachers' discretion.

#### 6. Playground Rules:

Mr Houghton has asked Student Council to clarify playground activity boundaries. The middays would like consistency in the playgrounds, so Student Council will collect ideas and create a list of rules that everyone will be made aware of and the expectation is that everyone will know and follow these rules.

## 7. Any Other Business

- More ideas for clubs: climbing club, ninja club.
- Could we ask ideal foods if they could provide more vegan/dairy free options?
- We think there needs to be a sensory room for KS2.
- We would like 'Calm Corners' to help with self-regulation.
- Swimming as a reward please! (Take note, teachers 😊)
- Could we have a toy swap/trading day?
- Jewellery policy: please may we be allowed to wear bracelets and necklaces earrings and nose rings are allowed so why not these?
- Suggestion for a litter pick session was met with great enthusiasm.

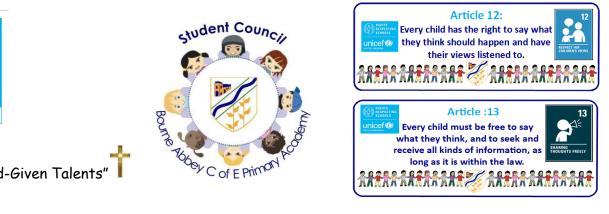
#### Meeting closed at 2.20pm. Next meeting Thursday 20<sup>th</sup> April @ 1.30pm in the library – <u>please</u> <u>be on time!</u>







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RIGHTS

SCHOOLS

unicef 🕑

GOLD - RIGHTS RESPECTING

RESPECTING

#### <u>Class Meeting Agenda:</u>

Remember, if you are having trouble leading your meeting, ask your teacher to help; they will contact your buddy who will come and help you 😊

- Mr Bellamy's feedback discuss anything not clarified in the minutes. 1.
- 2. Discuss the self-regulation task - it's up to you if you'd like to illustrate a poster to help people to understand the 5 steps to self-regulation.
- 3. Playground dos and don'ts - take a vote in your class and bring your top 3 rules to the next meeting.
- Remind your class to put any suggestions they have in your suggestion box to bring to the 4. next meeting. Remember to look at these BEFORE the meeting in case any need to be seen by your <mark>teacher.</mark>



SPOTLIGHT ON....

Annie and Ollie: our sibling duo of representatives!









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