

**BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY**

**Executive Headteacher: Mrs S J Moore**

**Abbey Road  
Bourne**

**Tel: 422163**

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Dear Parent/Carer,

**GROWING AND CHANGING**

We will shortly be beginning some work in Year 6 about 'Growing and Changing'. Our work in Year 6 involves learning about the changes that boys and girls will go through as they enter puberty and how babies are made, also understanding some characteristics of a loving and trusting relationship. This work forms part of an ongoing programme of Relationships and Sex Education (RSE), which we deliver throughout the school. Our Growing and Changing topic covers some elements of Science and some Personal Social and Health Education (PSHE).

A brief outline of the Y6 objectives covered is listed below:

- be able to describe some emotions associated with the onset of puberty and have strategies to deal with these positively
- understand that puberty affects people in different ways both physically and emotionally
- understand that the way they behave affects others and that they have some responsibility to others to make sure they are not hurt needlessly
- describe some characteristics of a loving trusting relationship
- understand some basic reasons why a couple might choose to have children
- be able to describe the main stages of how a baby is made, using some scientific vocabulary
- show awareness of some family arrangements which are different from theirs

We encourage you to discuss any of these areas with your child(ren) before, during or after our topic, as children greatly value being able to talk to their parents/carers about these. We have carefully reviewed the resources we use to support our teaching of Growing and Changing, to ensure they are appropriate to the age and needs of the children.

You have the right to withdraw your child from the elements of RSE which are not included in the National Curriculum for Science. Please contact your child's teacher if you would like to discuss this or any of the learning objectives further.

Yours sincerely



**Mrs S Moore**  
Executive Headteacher