

BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

Head of School: Mrs S L Buttress

**Abbey Road
Bourne**

Tel: 422163

8th June 2021

Dear Parent/Carer,

GROWING AND CHANGING

We will shortly be beginning some work in Year 5 about 'Growing and Changing'. Our learning within Year 5 involves learning about the changes that boys and girls will go through as they enter puberty and how this can affect them emotionally and physically. This work forms part of an ongoing programme of Relationships and Sex Education (RSE), which we deliver throughout the school. Our Growing and Changing topic covers some elements of Science and some Personal Social and Health Education (PSHE).

As a result of school closures due to COVID 19, your child will also be engaging in the Y4 RSE objectives as they were not covered. A brief outline of the Y4 and Y5 objectives covered is listed below:

Y4

- How are males and females different and what are the different external parts called? (including correct, anatomical names for external private parts)
- Why is it important to keep clean?
- What are the familiar hygiene routines that I should be doing? (including brushing teeth and washing hair)
- How do different illnesses and diseases spread and what can I do to prevent this?

Y5

- What are the scientific names for the male and female sexual parts?
- What are the functions for the male and female internal and external sexual parts?
- What are the physical changes that take place during puberty and how will you manage them?
- Why is it important to keep clean during puberty?
- What can I do for myself to stay clean?
- How do different illnesses and diseases spread and what can I do to prevent this?

We encourage you to discuss any of these areas with your child(ren) before, during or after our topic, as children greatly value being able to talk to their parents/carers about these issues. We have carefully reviewed the resources we use to support our teaching of Growing and Changing, to ensure they are appropriate to the age and needs of the children. If you would like to find out more about the lessons or discuss these in more detail, please do not hesitate to contact your child's class teacher.

You have the right to withdraw your child from the elements of RSE which are not included in the National Curriculum for Science. Please contact your child's teacher if you would like to discuss this or any of the learning objectives further.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Buttress', written in a cursive style.

Mrs S L Buttress
Head of School