



# SET Skills

**Get Set 4 PE's 'SET' skills aid the development of the whole child through PE.**

**These posters give examples of how Social, Emotional and Thinking skills can be developed through your Get Set 4 PE lessons.**

**On each lesson plan, you will also find Whole Child Objectives that are specific to each lesson.**

**Why not add these posters to your PE display board?**



# SOCIAL SKILLS IN PE

Collaboration

Communication

Cooperation

Respect

Kindness

Leadership

Supportive

## KS1

I watch others quietly and clap at the end of their performance.

I talk to a partner about my ideas.

I encourage others to keep trying.

I am happy to share my ideas and listen to others.

I work well within my team.

I use kind words when providing feedback.

I make safe decisions when working with others.

I move into a good space to keep myself and my partner safe.

I encourage and praise others in their learning.

I take care of equipment.

I show patience with others.

I share my thoughts with the class.

I use verbal and visual communication with my team.

I follow the rules of the game.

I show understanding of other people's strengths and weaknesses.

## EYES

I congratulate others.

I work with my group to self-manage our game.

I include others in the games I play.

I work with others to achieve a shared goal.

I can share equipment and take turns.

I can take a small group through a task.

## KS2





# EMOTIONAL SKILLS IN PE

Confidence

Honesty

Integrity

Independence

Determination

Perseverance

Empathy

## KS1

I share my ideas, contribute to class discussion and perform in front of others.

I explore skills before asking for help.

I want to complete the challenges and tasks set for me.

I tell the truth about what I have achieved.

I continue to try my hardest even when I find things hard.

I am honest even when others are not watching me.

I use kind words in my feedback.

I try new tasks and challenges.

I practise skills by myself.

I attempt tasks and challenges outside of my comfort zone.

I work hard in my PE lessons.

I find my own ways to develop and complete challenges.

I work hard to achieve my personal best.

I say when I was caught.

I use the rules of the game to play fairly.

I am happy to have another go if I don't succeed on the first try.

I understand what my best looks like and I work hard to achieve it.

I don't touch equipment that has been set out until told to do so.

I make honest decisions when independently playing games.

I am kind to others and share with them so they don't feel sad.

I understand how other people can feel and include them in my games.

## EYES

## KS2





# THINKING SKILLS IN PE

Problem Solving

Selecting and Applying

Providing Feedback

Decision Making

Reflection

Comprehension

Creativity

## KS1

I choose where to move to help my team.

I suggest ideas to solve tasks.

I know when and why I succeed.

I know when to pass and when to shoot.

I use key words to give people feedback.

I understand how to score points.

I choose actions to help show an idea in dance.

I can choose my own methods of travelling.

I make quick decisions, sometimes under pressure.

I think about the best space to move into to avoid being caught.

I plan and apply strategies to overcome a challenge.

I understand when I am successful.

I recognise my strengths and areas for development.

I choose a type of throw to help me to score points.

I decide what to do to make things harder for my opposition.

I understand the aim of the game.

I can use skills and tactics to outwit an opponent.

## EYES

I can say what I liked about someone else's performance.

I identify strengths and areas for development in other's performances.

## KS2

I use my imagination to show different characters or ideas.

I use my own ideas in response to a task.

