

**ABBEY ACADEMIES TRUST**  
**Executive Headteacher: Mrs S J Moore**

Wednesday 18th March 2020

Dear Staff and Parents /Carers,

**CORONAVIRUS UPDATE 18<sup>TH</sup> MARCH 2020**

Please can we remind you not to send your child/ren in to school if they have a new, continuous cough or temperature.

In addition, the main messages are:

- If you live alone and you have symptoms of coronavirus illness (COVID-19), however mild, stay at home for **7 days** from when your symptoms started
- If you live with others and you or one of them have symptoms of coronavirus, then all household members must stay at home and not leave the house for **14 days**. The 14-day period starts from the day when the first person in the house became ill
- It is likely that people living within a household will infect each other or be infected already. Staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community
- For anyone in the household who starts displaying symptoms, they need to stay at home for 7 days from when the symptoms appeared, regardless of what day they are on in the original 14-day isolation period

Following on from my letter dated Tuesday 17<sup>th</sup> March 2020, alongside the advice issued by the Government, we are continually reviewing our vulnerable pupil and staff list. We have included the Government vulnerable category list below. If necessary, please follow the guidance given and inform the school if you decide that you will follow the social distancing measures for vulnerable people that are due to take effect from this weekend.

- Under 70 with an underlying health condition listed below (i.e. anyone instructed to get a flu jab as an adult each year on medical grounds)
- Chronic (long-term) respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
- Chronic heart disease, such as heart failure
- Chronic kidney disease
- Chronic liver disease, such as hepatitis
- Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), a learning disability or cerebral palsy
- Diabetes
- Problems with your spleen – for example, sickle cell disease or if you have had your spleen removed
- A weakened immune system as the result of conditions such as HIV and AIDS, or medicines such as steroid tablets or chemotherapy
- Being seriously overweight (a BMI of 40 or above)
- Those who are pregnant

We continue to monitor the situation to ensure the school remains a safe environment for all children and staff. Please do not hesitate to contact us should you have any questions or concerns.

The school will always keep communication channels open to support families over safeguarding and SEND issues. In addition, there are links to support children and families with their well-being shared on our website.

I will provide any further updates as the situation changes for our schools.

Kind regards,

A handwritten signature in black ink, appearing to read 'S. Moore', written in a cursive style.

Sarah Moore  
Executive Headteacher