

**BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY**

**Executive Headteacher: Mrs S J Moore**

**Head of School: Mrs S L Buttress**

**Abbey Road  
Bourne**

**Tel: 422163**

8<sup>th</sup> September 2021

Dear Parent/Carer,

**GROWING AND CHANGING**

We will shortly be beginning some work in Year 4 about 'Growing and Changing' as part of our RSE catch up. This work forms part of an ongoing programme of Relationships and Sex Education (RSE), which we deliver throughout the school. Our Growing and Changing topic covers some elements of Science and some Personal Social and Health Education (PSHE).

A brief outline of the objectives covered is listed below:

- What can my body do?
- When am I in charge of my actions and my body?
- Do I understand how amazing my body is?
- What are the names of the main parts of the body? (including correct, anatomical names for private parts)
- How can I keep my body clean?
- How can I stop common illnesses and diseases spreading?
- How do babies change and grow?
- How have I changed since I was a baby?
- What do babies and children need?
- What are my responsibilities now I'm older?
- Who is in my family, and how do we care for each other?
- Do I know what makes me feel happy, sad, cross etc?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children greatly value being able to talk to their parents/carers about these issues. We have carefully reviewed the resources we use to support our teaching of Growing and Changing, to ensure they are appropriate to the age and needs of the children.

You have the right to withdraw your child from the elements of RSE which are not included in the National Curriculum for Science. Please contact your child's teacher or me if you would like to discuss this further.

Yours sincerely



Mrs S L Buttress  
Head of School