

# BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

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Abbey Road  
Bourne

Tel: 422163

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Dear Parent/Carer

## NSPCC's UNDERWEAR RULE - Reception, Y1 and Y2

In term 6, as part of our PSHE curriculum Reception, Year 1 and Year 2 will be discussing the NSPCC's Underwear Rule in our PSHE lessons. During these discussions we will aim to teach our pupils the following important safety skills. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that is fully age appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried. This will be linked to our whole school 'safe hands' initiative where children identify 5 people they can talk to if they have a worry

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If you have any questions or concerns please don't hesitate to get in touch with your child's class teacher.

Many thanks.

PSHE Team