

BOURNE ABBEY CHURCH OF ENGLAND PRIMARY ACADEMY

Executive Headteacher: Mrs S J Moore

Head of School: Mrs S L Buttress

**Abbey Road
Bourne**

Tel: 422163

21st April 2021

Dear Parent/Carer,

GROWING AND CHANGING AND DRUGS EDUCATION

We will shortly be beginning some work in Year 4 about 'Growing and Changing' and Drugs Education. This work forms part of an ongoing programme of Relationships and Sex Education (RSE) and Drugs Education which we deliver throughout the school. Our topics cover some elements of Science and some Personal Social and Health Education (PSHE).

Your child will be engaging with the following questions as part of this work:

Relationship and Sex Education

- What can my body do and how is it special?
- How are males and females different and what are the different parts called? (including correct, anatomical names for private parts and the terms egg and sperm)
- Why is it important to keep clean?
- What can I do for myself to stay clean?
- How do different illnesses and diseases spread and what can I do to prevent this?

Drugs Education

- What medical & legal drugs do I know about, and what are their effects?
- Why do some people need medicine and who prescribes it?
- What are immunisations and have I had any?
- What are the safety rules for storing medicine and other risky substances?
- How can legal drugs be used and misused?
- What should I do if I find something risky, like a syringe?
- What do I understand about how friends and the media persuade and influence me?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk to their parents/carers about these issues.

We have carefully reviewed the resources we use to support our teaching of Growing and Changing and Drugs Education to ensure they are appropriate to the age and needs of the children. We would ordinarily invite you into school to view the materials we use. Unfortunately due to COVID-19 restrictions this is not possible. If you would like to

find out more about the lessons, please do not hesitate to contact your child's class teacher who will be happy to answer your questions.

You have the right to withdraw your child from the elements of RSE which are not included in the National Curriculum for Science. Please contact your child's Year Leader or me if you would like to discuss this further.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Buttress', written in a cursive style.

Mrs S L Buttress
Head of School